

**Allergy Key:**

Fish	F	Corn	C	Soya	S	No Sesame Seeds, Nuts or Peanuts are used in production of our food
Lupin	L	Gluten:	G	Mustard	M	
Crustacean/Mollusc	CM	Dairy:	D	Celery	Cel	
Eggs:	E	Pork:	P	Sulphites	Sul	

WEEK 2 W/C 25-04 16-05 13-06 04-07	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN COURSE</b>					
Protein	Chicken Pasta Salad with Spinach, Basil & Parmesan Pesto (G, D)	Fresh English Beef Burgers (G) ---	Homemade Lamb & Mint Kofte with Tomato Sauce (G)	Chicken Breast Fillet Goujons (G) ---	Stonebaked Pizza with Pepperoni, Tomato, Mozzarella & Basil (G, D)
Vegetables	--- Broccoli & Carrots	Carrot, Cucumber & Tomato Salad ---	Green Beans & Roasted Carrot Batons ---	Steamed Peas & Carrots ----	-- Corn on the cob
Carbohydrate	--- Pasta (G)	--- Granary Bun (G, D, E)	--- Spiced Roasted New Potatoes	Pastina with Butter & Parmesan (G, D)	-- Pizza (G)
<b>VEGETARIAN OPTION</b>					
Protein	Roasted Aubergine & Pepper Pasta Salad with Spinach, Basil & Parmesan Pesto (G, D)	Homemade Falafel (G,D) ---	Homemade Vegetable Tagine with Tomato Sauce ---	Homemade Roasted Vegetable Croquettes (G, D, E)	Stonebaked Pizza with Tomato, Mozzarella & Basil (G, D)
Vegetables	--- Broccoli & Carrots	Green Beans & Roasted Carrot Batons ---	Green Beans & Roasted Carrot Batons ---	Steamed Peas & Carrots ----	-- Corn on the cob
Carbohydrate	--- Pasta (G)	--- Granary Bun (G, D, E)	--- Spiced Roasted New Potatoes	Pastina with Butter & Parmesan (G, D)	-- Pizza (G)
<b>ALLERGEN/INTOLERANCE OPTION</b>					
	Gluten & Dairy Free Pasta w	Gluten & Dairy Free Roll	Gluten Free Goujons & Pasta	Gluten Free Roll	Gluten & Dairy Free Pizza with Tomato & Basil Sauce
<b>DESSERT</b>					
	Fruit Yoghurt with Homemade granola & fruit compote (D, G) Sugar-free Jellies	Homemade Choc Chip Cookies (D, E, G) Sugar-free Jellies	Homemade Flapjacks (D, G) Sugar-free Jellies	Fruit Jelly Sugar-free Jellies	Homemade Cookies (D, E, G) Sugar-free Jellies