

# MENU WEEK 2

27-04-26 / 01-05-26    18-05-26 / 22-05-26    08-06-26 / 12-06-26    29-06-26 / 03-07-26



PARSONS GREEN PREP

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MORNING SNACK</b>	Pitta bread sticks & roasted pepper hummus Melon slices	Cheese & tomato Quesadillas Pear wedges	Banana & cinnamon bread Apple wedges	Oats biscuits Orange wedges	Carrot sticks & cream cheese Pineapple slices
<b>DAILY SOUP FRESHLY BAKED BREAD</b>	Leek & potato soup	Minestrone soup	Roasted zucchini soup	Roasted butternut squash soup	Mulligatawny soup
<b>VEGETARIAN OPTION</b>	Quorn, squash & spinach baked Gnocchi	Tofu tikka masala	Vegetable & bean wellington	Lemon roasted seitan	Margarita pizza Or Dairy free option
<b>MAIN</b>	Tuna pasta bake Or Pasta with tomato sauce	Chicken tikka masala	Beef & mushroom pie or Halal chicken & mushroom pie	Lemon roasted chicken with herb gravy	Chicken pizza or Salami Pizza
<b>ON THE SIDE</b>	Mediterranean Roasted Vegetables Grilled tomatoes Garlic Bread	Cumin cauliflower Sweetcorn Pilau rice Naan bread Raita	Mashed potatoes Veggie Gravy Steam Broccoli Carrots	Garlic & coriander new potatoes Green beans Savoy cabbage	Seasoned oven baked wedges, Garden peas Baked beans  <b>FRIDAY TREAT</b> Fruit trifle

**SELECTION OF FRESH CUT FRUIT, YOGHURT, JELLY'S & DAILY SMOOTHIE PLUS A DAILY SALAD BAR**

