

MENU WEEK 2

08/01/24-12/01/24 29/01/24-02/02/24 26/02/24-01/03/24 11/03/24-15/03/24



PARSONS GREEN PREP

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Cheese and crackers Pineapple	Freshly baked fruit loaf Apple slices	Tomato mozzarella on cracker Oranges	Banana bread Watermelon	Milk chocolate cookie Banana
DAILY SOUP FRESHLY BAKED BREAD	Roasted carrot and dill	Minestrone	Spiced red lentil and vegetable	Creamed mushroom	Baked potato soup
VEGETARIAN OPTION	Baked button mushrooms and butterbeans in a rich tomato sauce	Vegetable Sausage	Mushroom, roasted pepper and halluimi bruschette	Aubergine katsu	Leek Macaroni and Red Leicester bake
DISH OF THE DAY	Beef bolognaise Or Halal beef bolognaise	Leek and pork sausage Or Halal chicken sausage	Maple glazed roast gammon Or Halal glazed chicken	Katsu chicken Or Halal katsu chicken with Mild katsu curry sauce	Fish fingers Freshly made tartare Mushy peas
ON THE SIDE	Spaghetti Garlic focaccia Creamed spinach Peperonata	Creamy mash potato Roast carrots Peas Red onion gravy	Roast potatoes Braised red cabbage Sage stuffing Baked parsnips	Steamed wholegrain rice Miso and maple carrots Bang bang cauliflower Smack cucumber with chilli oil	Chunky oven chips, Garden peas Baked beans FRIDAY TREAT Upside down rhubarb cake

SELECTION OF FRESH CUT FRUIT, YOGHURT & DAILY SMOOTHIE PLUS A DAILY SALAD BAR

